

# Trewern Meeting

A group of five children are posing for a photo in front of a waterfall. They are all wearing red wetsuits and helmets. The child on the far left is wearing a purple life vest with 'TREWERN' and 'T9' written on it. The child next to them is wearing a red helmet with 'EDEL' and '12' on it. The child in the center is wearing a red helmet with 'EDEL' and '12' on it. The child on the far right is wearing a white helmet. They are all smiling and giving thumbs up. The background is a lush green waterfall with rocks and foliage.

24<sup>th</sup> June – 28<sup>th</sup> June 2024

# Agenda

1. Kit list
2. Spending money
3. Pack Lunch
4. Food / sweets
5. Questions?

# Kit List

## Kit list – see separate sheet

Please note – valuables are taken at the child's own risk. If children wish to take 'gadgets' for the coach journey (e.g iPod, MP3 player) they may, but

- they will not be allowed to be used whilst at Trewern; they will be kept in the child's suitcase which is kept in a cupboard during our stay
- the children are completely responsible for them; staff will not mind them/carry them/look for them if lost

They need to be fully charged as there will not be opportunities to charge them during the week.

Cameras – children can take cameras but are not recommended to take them out on the activities. They cannot take mobile phones to use as a camera.

**NO MOBILE PHONES or SMART WATCHES**

Trewern staff take photos during the activities which they put on their website.

# Kit

In a medium sized suitcase/bag

## **YOU MUST BRING:**

- A pillow case
- A bottom sheet (single bed size)
- A single duvet cover or sleeping bag

**You must bring several sets of warm practical clothes for activities - this should include:**

- 4 Sweaters
- 4 T-Shirts
- 4 pairs of jogging bottoms
- 4 pairs of thick socks (to wear with boots)
- Warm hat and gloves (even in summer)
- 2 Large waterproof poly bin bag/bin liners
- In summer - shorts, sun cream, sunhat
- Swimming Costume
- **1 litre Water Bottle or £2.00 to purchase a Trewern Bottle**

# Kit

In a medium sized suitcase/bag

## YOU WILL ALSO NEED TO BRING THE FOLLOWING:

- Clothes to wear in the centre in the evenings, and for travel to and from home.
- A pair of slippers or trainers with soft soles to wear only in the house
- Trainers or shoes for outdoor use
- Pyjamas or nightdress
- Towels and wash kit

# Spending Money

- The only place to spend money is at the Trewern tuck shop. The children can take **up to £15 maximum**.
- This is going to be collected before we go. Please give to school office in an envelope marked with your child's name and stating 'Trewern spending money' and also the amount it contains. This must be with the office **by Friday 7th June** at the latest. Any money left will be refunded.
- **No child should be taking any cash with them to Trewern.**

# Packed Lunch

- Please provide a pack lunch for your child for the journey to Trewern.
- A packed lunch will be provided for the return journey.
- No glass bottles.

# Food / Sweets

- We provide sweets for the coach journey.
- Children are not allowed to eat / drink anything else on the coach. (We stop on the journey for the children to enjoy their packed lunch off the coach)
- Please do not pack any food items in your child's bag, including sweets or chocolate.
- No food is allowed in the bedrooms; this is a Trewern rule.



# Mobile Phones

- The children are not allowed to take mobile phones or smart watches.
- The school will be using parent mail to keep in touch.

If there is an emergency, you can contact the school office via the school phone number, and this will be forwarded.

**THIS IS ONLY FOR EMERGENCIES**

- We will send a practice message via parent mail the week before we go to check we have your contact information stored correctly.
- The office number at Trewern for emergencies only is **01497 820512**.

# Personal Details Form

- This form is requested by Trewern.
- Please fill it in as detailed as possible.
- Include all possible conditions, even if your child does not suffer regularly with it.
- Please include bed wetting and sleep walking.

# Medicines

- From the information provided on the personal details forms, we compile a medical register.
- This will include any child with any medical condition and will have the details of any medication they need.
- Any medication that needs to be taken is kept in the teachers' room and administered by the teachers.
- Children are not allowed to keep medication in their bedroom, unless it is an asthma pump.

# Leaving School

- We leave school on Monday 24th June
- Departure will be from School at 8am on Monday from **Bonham Site ONLY.**
- Please arrive at Bonham site at 7.30am.
- Please be here promptly so we can leave at the correct time.

# Luggage

- Children need to leave their bags on the playground near the Y3/4 entry door and assemble in the hall for registration.
- There will be a station for parents to hand over fully labelled medication.

# Arriving Back at School

- We aim to arrive back at school (**Bonham Site**) at approximately 3.30pm on Friday 28<sup>th</sup> June.
- This is dependent on traffic. We will send out a parent mail message on the journey home to let you know how we are getting on.

# A Typical Day



# PLEASE NOTE

- All specialist equipment and footwear for activities will be provided by Trewern. There is no need to bring your own waterproofs and boots.
- There is no need to buy new clothing - old clothes are preferable for activities.
- You are advised to mark all items of clothing.
- A drying room is available which will dry clothes overnight, but there are no facilities for washing clothes.
- A First Aid Kit is not essential, pupils can bring a basic kit - e.g. plasters, along with travel sickness pills and any prescribed medicines.
- The weather at Trewern is often colder and wetter than in the South East. Groups may be out-of-doors all day, and may be in mountainous areas. Warm clothes may be needed even in the summer.
- Televisions, radios or stereos are not allowed. There is no objection to cameras, MP3 players or small personal computer games, but these are brought at your own risk. Valuables or jewellery are best left at home for their safekeeping.
- Do not bring hair straighteners, they are a fire risk and are not allowed.



# Behaviour

- Please note that exemplary behaviour is expected.
- A child that displays behaviour which leads to concern/s throughout the school year, involving parents and senior staff, will not be permitted to attend this trip (health and safety).
- Exclusion, high numbers of entries on our behaviour log necessitating a report card and other serious concerns could lead to removal from the trip.
- The deposit is non refundable.

# Questions